

Conditions that can be treated by laser therapy

- Back Pain
- Joint Pain
- Disc Bulge and Herniation
- Headaches
- Carpal Tunnel Syndrome
- Sports Injuries
- Frozen Shoulder
- Arthritis
- Stress Fractures
- Post-Surgical Pain

Apex Chiropractic

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Deep Tissue Laser Therapy

LiteCure is the **therapy of choice for athletic trainers** in the NFL, MLB, NBA, NHL, FIFA and Olympic teams.



Deep Tissue Laser Therapy

Laser Therapy is a FDA and Health Canada cleared modality that reduces inflammation and ultimately results in pain reduction. Laser Therapy is effective in treating acute pain, chronic conditions and post-op pain. It is safe, painless, and fast.

LiteCure is used by athletes

"All the players love the laser. The treatment times are fast and the results are obvious."

George Poulis, MA, ATC, LAT Head Athletic Trainer for the Toronto Blue Jays®



Class IV LiteCure Laser

Apex Chiropractic uses the Deep Tissue LiteCure Laser. It is a class IV laser, which is up to 3000 times more powerful than the class III lasers used by most clinics, producing higher dosage and better results.

What to expect?

Treatments are short, usually 5 – 10 minutes in length. During the session, you will feel soothing warmth that leads to an immediate decrease in pain and inflammation.

Benefits

- 1. Non-surgical treatment
- 2. No side effects
- 3. Accelerates healing
- 4. Affordable
- 5. Long lasting and usually permanent results
- 6. Backed by extensive research

7. Coverage available from most insurance companies as it is billed as chiropractic

How does it work?

Laser therapy has demonstrated its ability to significantly accelerate and enhance the body's natural defense and repair system. It does so through the action of photostimulation of light reactive biological receptors (chromophores) in the body. Laser therapy is consistent in providing pain relief and reducing tissue damage as a result of injury. Also, it minimizes the loss of function by modifying the effects and limiting the duration of inflammation. Through specific repair and healing processes, it facilitates rapid cellular repair and produces stronger healed tissue structures. Cells are energized so they can heal!

